

# Money Doesn't Grow On Trees!



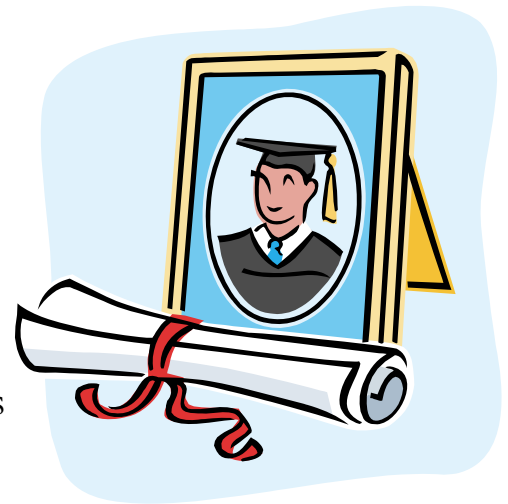
## BUDGETING 101 & 102

*Rural Response for Healthy Children offers;*

- Train the Trainer Workshops
- Group Workshops
- Individual Sessions
- Public Seminars

What you will learn;

- Budgeting
- Managing your cost of living
- Needs versus wants
- Credit and debt management
- Investing in the future
  - Canadian Learning Bonds
  - Canada Education Savings Grants
  - Registered Education Savings Plans
- Growing your savings
- Financial planning
  - How to work with a financial planner
- Protecting yourself
  - Identity theft
  - Tips for protecting your identity and finances
- Financial Fitness Checklist



RURAL RESPONSE FOR HEALTHY CHILDREN

Contact us at 519-482-8777 or 1-800-479-0716

Visit our website at [www.rrhc.on.ca](http://www.rrhc.on.ca)