

Parent Support / Education & Family Ties Programming

What is the Parent Support/Family Ties Program all about?

We offer both male and female support workers on an individual or group basis. These two programs are provided at no cost to you. We work with parents and caregivers of children aged 0 – 18. Our holistic approach includes families, single parents, caregivers, blended families, and persons who are separated/co-parenting.

You can contact **Jill, Andrea, Susan, Cory and Pam** by calling our office and asking for extension **206**.



You don't need to stay cooped up inside with your kids all winter. Check out our many opportunities for you to get out with other parents!



Morning and Afternoon Out Programs

Come out for fun and interaction with other parents. A time to socialize and discuss parenting issues and current hot topics. In this unique group led program, the participants decide what they would like to learn and do. Children's Program Provided.

Brussels

Brussels Mennonite Fellowship Church,
9:30am-11:30am
Every other Tuesday, beginning January 10
2102

Wingham

St Andrews Presbyterian Church
1:00pm-3:00pm
Every Tuesday afternoon

Don't Forget!

Listen to 101.7
The One and
104.9 The
Beach Radio
Stations and
watch our
Facebook
Page for news
of
cancellations
due to poor
weather
conditions.

ADHD and Your Family -CLINTON

Come out for an informal evening of discussion with other parents that have children with ADHD. Bring along discussion topics that are important to you and your family.

Frustrations and Concerns?

What's working and what's not?

Behaviour issues? School issues?

Medication issues?

"Sometimes the best support is knowing you are not alone"

Tuesday, February 7 2012 6:30-8:00pm
RRHC Boardroom, 52 Huron St, Clinton
Please call Rural Response for Healthy Children to pre-register.

Parenting Effectively – WINGHAM

Through an interactive discussion group with other parents you will learn effective communication skills, new discipline methods, how to promote self esteem and independence and how to encourage cooperation and responsibility within your children.

Thursday afternoons: January 26 – March 8 2012 1:30 – 3:00pm

Sacred Heart School, Wingham "Hub Room"

Please call Rural Response for Healthy Children to pre-register.



It's the hardest job on the planet...**Are you the parent you want to be?** Join us in the RRHC Boardroom Tuesday March 6 2012, 6:30-8:00pm for this one night workshop.
52 Huron St, Clinton. Please call to Pre register.

Parenting through Separation and Divorce – CLINTON

Representatives from RRHC as well as the Clinton, Seaforth and Goderich Family Health Teams work together to facilitate this 5 week Program. There will be both a child session and a parent session each week.

Thursday evenings: March 22 – April 19 2012 6:00pm-7:30pm

RRHC Boardroom, 52 Huron St. Clinton

Please call Rural Response for Healthy Children to pre-register