

## 2018-2019 CAPC Evaluations with Sample of Comments

Based on 148 responses between April 2018 and March 2019.

1. The program provided information that was helpful to the needs I had.  
Average Response = 4.6
2. The staff members provided information that was understandable.  
Average Response = 4.9
3. Information was presented about preventing harm to children. The information was helpful.  
Average Response = 3.8
4. As a teacher/parent/participant I found the information presented will help me to help the children I am caring for.  
Average Response = 4.6
5. The program supported increased social interaction for participants.  
Average Response = 4.4
6. As a result of the program, there was an increase in healthy expressions of emotions and self-regulation.  
Average Response = 4.2
7. Practical information was provided that will help with problem solving.  
Average Response = 4.4
8. The program provided help with communications (at home, at school).  
Average Response = 4.0
9. The program helped me see that challenges are normal and provided practical help in meeting challenges.  
Average Response = 4.4
10. I would recommend this program to others.  
Average Response = 4.9
11. Some evaluation comments:  

"I had been taking an online peaceful parenting course, but needed some help applying what I was learning to real life. Being able to talk through what was happening in our household really helped improve my confidence."

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“I feel that the program was helping my situation and the workers were polite and very understanding.”

This program addressed serious issues in a child friendly manner. The children were engaged and interested in the content at all times.

“I am still struggling and I don't understand my child. I like this time to talk about ideas of what I could do different but nothing works. There is nothing like this program since I work and I can't get to other meetings.”

“I loved this program. Very interactive, love the snack after. Maybe a little more topics/info on anything, tips/tricks but the staff is always open to answering questions and very helpful!”

“We watched our grandson become more involved each week.:)”

“An absolutely incredible job of bonding with the students who then are so very open to her support and information shared. The students will remember their experience for a long time to come. They are implementing strategies taught on a daily basis which is a sign of a truly successful program!”

“Susan was a pleasure to have as a teacher. Had great ideas, was helpful and just all around great person to be running this program. Thanks”

“Great program. Loved the social aspect as well as the food ( as low income a few less meals a week to cook was very helpful \$ wise)”

“We loved it! Loved the group- connecting questions at the beginning. The child-led approach to the walks (pausing and waiting). Building community within the group.”

“This is a challenging topic to speak about with kids. The sessions were well organized and engaging.”

“I loved walk n' talk. My boys call it "walkie talkie" and as for it every week. Kids burn energy and I get coffee!”